

Why EAP Works

- Up to 30% of workers will suffer an episode of serious depression during their lifetime
- Nearly 40 million Americans - one in five- suffer from some sort of major mental illness
- 76 million people about 43% of US adults have had some exposure to alcoholism
- One out of four Americans could benefit from the services of a professional counselor
- One out every 100 American men is afflicted with schizophrenia
- 80% of working adults say balancing work, life, relationships and family is their most pressing challenge
- Work place assaults caused half a million employees to miss an average of 3.5 days of work
- Domestic violence occur every 15 seconds in the US



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